

**UNIT CONVERSIONS****Length**

1 in = 2.54 cm      1 ft = 30.48 cm  
1 micron =  $10^{-4}$  cm      1 mile = 5,280 ft

**Volume**

1 liter = 1.06 qt = 61.02 in<sup>3</sup> = 0.03531 ft<sup>3</sup>

**Mass**

1 kg = 2.2 lb      1 lb = 454 gram

**Pressure**

1 atm = 14.7 psi  
= 760 mm Hg  
= 29.92 in Hg  
= 33.90 ft H<sub>2</sub>O  
= 760 torr  
= 101.3 kPa

**Temperature**

$$t_{\circ C} = \frac{(t_{\circ F} - 32)}{1.8}$$

$$t_{\circ K} = t_{\circ C} + 273 \quad t_{\circ R} = t_{\circ F} + 460$$

**Radiation**

1 rad =  $10^{-2}$  gray  
1 rem =  $10^{-2}$  sievert

1 curie =  $3.7 \times 10^{10}$  becquerel

1 becquerel = 1 disintegration/sec

**Density of Water**

1 gm/cm<sup>3</sup> = 1.94 slugs/ft<sup>3</sup>  
(weight density = 62.4 lb/ft<sup>3</sup>)

**Angles**

$$1 \text{ radian} = \frac{180^{\circ}}{\pi}$$

**Light**

1 candela = 1 lumen/steradian  
1 footcandle = 10.76 candela/m<sup>2</sup> = 10.76 lux

**Magnetic Fields**

1 tesla = 10,000 gauss

**Energy**

1 British thermal unit = 1,055 joules  
1 faraday =  $9.65 \times 10^4$  coulombs  
1 gram-calorie = 4.19 joules  
1 gram-mole @ 0° C and 1 atm = 22.4 liters  
@ 25° C and 1 atm = 24.45 liters  
1 ampere-hour = 3,600 coulombs  
1 watt = 1 joule/sec = 1 ampere x 1 volt  
1 kwh =  $3.6 \times 10^6$  joules

**PHYSICAL CONSTANTS**

acceleration of gravity = 32.2 ft/sec<sup>2</sup> = 9.8 m/sec<sup>2</sup>

velocity of light =  $3.0 \times 10^8$  m/sec

Planck's constant =  $6.626 \times 10^{-34}$  J-sec

Avagadro's number =  $6.024 \times 10^{23}$ / gram-mole

**STANDARDS**

STP (Physical Science) = 0° C and 1 atm

STP (Ventilation) = 70° F and 1 atm  
air density = 0.075 lb/ft<sup>3</sup> @ 70° F and 1 atm

STP (Industrial Hygiene) = 25° C and 1 atm

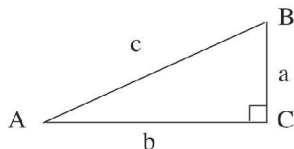


## TRIGONOMETRIC FUNCTIONS

$$\sin A = a/c \quad \cos A = b/c \quad \tan A = a/b$$

$$c^2 = a^2 + b^2 - 2ab \cos C$$

$$\frac{a}{\sin A} = \frac{b}{\sin B} = \frac{c}{\sin C}$$



## BOOLEAN POSTULATES

$$A + B = B + A$$

$$A \cdot B = B \cdot A$$

$$A(B \cdot C) = (A \cdot B)C$$

$$A + (B + C) = (A + B) + C$$

$$A(B + C) = (A \cdot B) + (A \cdot C)$$

$$A + (B \cdot C) = (A + B) \cdot (A + C)$$

$$A + 0 = A$$

$$A \cdot 1 = A$$

$$A + A' = 1$$

$$A \cdot A' = 0$$

$$A \cdot A = A$$

$$A + A = A$$

## QUADRATIC EQUATION

$$x_1, x_2 = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$

## MECHANICS

$$F = \mu N$$

$$F_1 D_1 = F_2 D_2$$

$$v = v_0 + at$$

$$s = v_0 t + \frac{at^2}{2}$$

$$v^2 = v_0^2 + 2as$$

$$K.E. = \frac{mv^2}{2}$$

$$P.E. = mgh$$

$$P.E. = \frac{kx^2}{2}$$

$$p = mv$$

$$F = ma$$

$$W = mg$$

$$W = Fs$$

## ELECTRICITY

$$R = \rho \frac{L}{A}$$

$$V = IR$$

$$P = VI$$

$$R_{\text{series}} = R_1 + R_2 + \dots + R_n$$

$$\frac{1}{R_{\text{parallel}}} = \frac{1}{R_1} + \frac{1}{R_2} + \dots + \frac{1}{R_n}$$

$$\frac{1}{C_{\text{series}}} = \frac{1}{C_1} + \frac{1}{C_2} + \dots + \frac{1}{C_n}$$

$$C_{\text{parallel}} = C_1 + C_2 + \dots + C_n$$

$$L_{\text{series}} = L_1 + L_2 + \dots + L_n$$

$$\frac{1}{L_{\text{parallel}}} = \frac{1}{L_1} + \frac{1}{L_2} + \dots + \frac{1}{L_n}$$



**ERGONOMICS (REVISED NIOSH LIFTING EQUATIONS)**

$$RWL = LC \times HM \times VM \times DM \times AM \times FM \times CM$$

$$RWL \text{ (kg)} = (23) (25 / H) [1 - (0.003 |V - 75|)] [0.82 + (4.5 / D)] (1 - 0.0032A) (FM) (CM)$$

$$RWL \text{ (lb)} = (51) (10 / H) [1 - (0.0075 |V - 30|)] [0.82 + (1.8 / D)] (1 - 0.0032A) (FM) (CM)$$

$$LI = \frac{L}{RWL}$$

Coupling Type	Coupling Multiplier Table	
	V < 30 inches (75 cm)	V ≥ 30 inches (75 cm)
Good	1.00	1.00
Fair	0.95	1.00
Poor	0.90	0.90

Frequency Multiplier Table						
Frequency Lifts/min.  (F) **	Work Duration					
	≤ 1 Hour		>1 but ≤ 2 Hours		>2 but ≤ 8 Hours	
	V < 30 †	V ≥ 30	V < 30	V ≥ 30	V < 30	V ≥ 30
≤ 0.2	1.00	1.00	0.95	0.95	0.85	0.85
0.5	0.97	0.97	0.92	0.92	0.81	0.81
1	0.94	0.94	0.88	0.88	0.75	0.75
2	0.91	0.91	0.84	0.84	0.65	0.65
3	0.88	0.88	0.79	0.79	0.55	0.55
4	0.84	0.84	0.72	0.72	0.45	0.45
5	0.80	0.80	0.60	0.60	0.35	0.35
6	0.75	0.75	0.50	0.50	0.27	0.27
7	0.60	0.70	0.42	0.42	0.22	0.22
8	0.52	0.60	0.35	0.35	0.18	0.18
9	0.45	0.52	0.30	0.30	0.00	0.15
10	0.41	0.45	0.26	0.26	0.00	0.13
11	0.37	0.41	0.00	0.23	0.00	0.00
12	0.00	0.37	0.00	0.21	0.00	0.00
13	0.00	0.34	0.00	0.00	0.00	0.00
14	0.00	0.31	0.00	0.00	0.00	0.00
15	0.00	0.28	0.00	0.00	0.00	0.00
>15	0.00	0.00	0.00	0.00	0.00	0.00

† Values of V are in inches

\*\* For lifting less frequently than once per 5 minutes, set F = 0.2 lifts/minute.



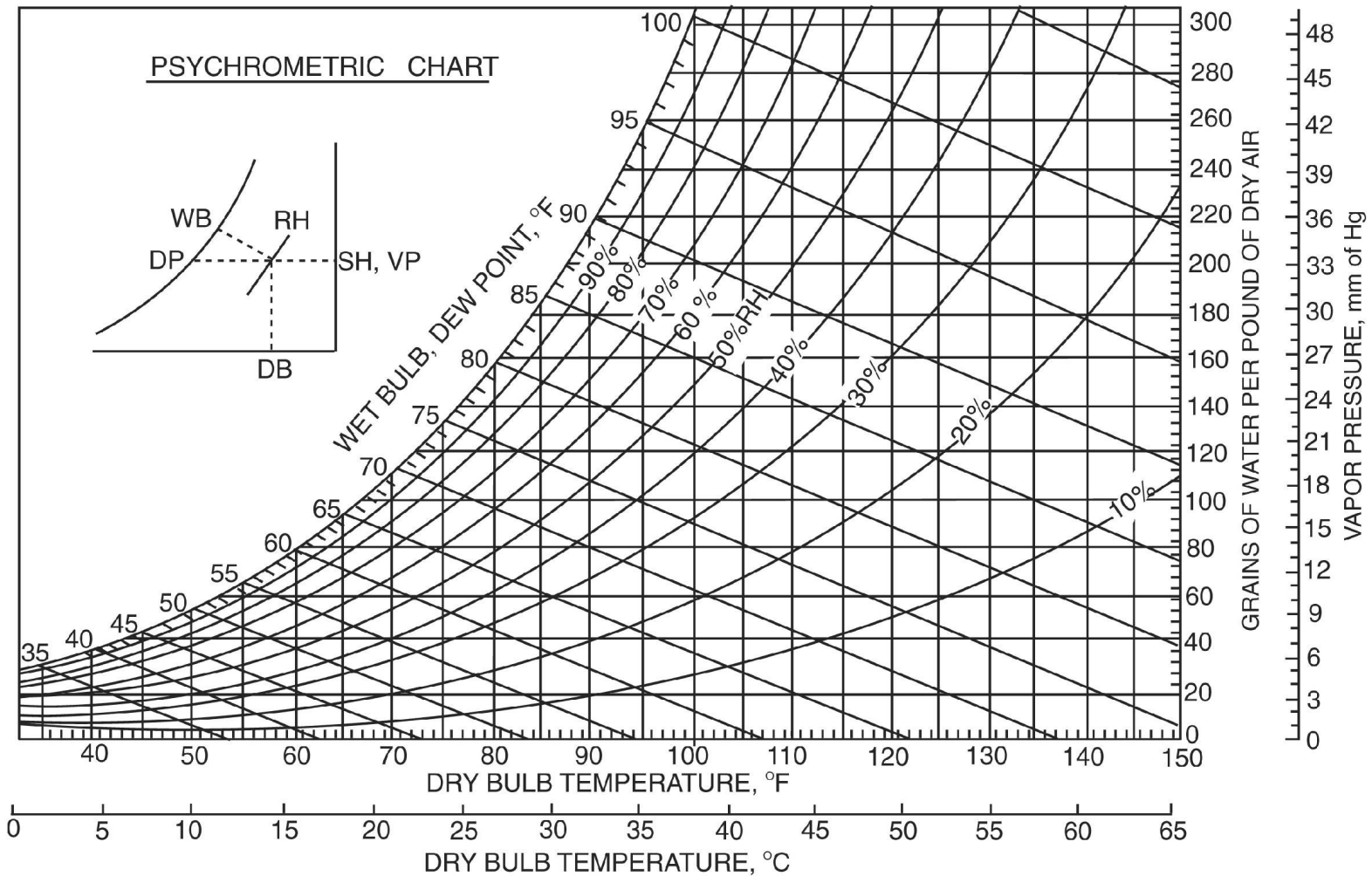
HEAT STRESS AND RELATIVE HUMIDITY

$$\text{WBGT} = 0.7 \text{ WB} + 0.3 \text{ GT}$$

(Indoors; no solar heat load)

$$\text{WBGT} = 0.7 \text{ WB} + 0.2 \text{ GT} + 0.1 \text{ DB}$$

(Outdoors; with solar heat load)





**CONCENTRATIONS OF VAPORS AND GASES**

$$\text{ppm} = \frac{\text{mg} / \text{m}^3 \times 24.45}{\text{MW}}$$

$$\text{TLV}_m = \frac{1}{\left( \frac{f_1}{\text{TLV}_1} + \frac{f_2}{\text{TLV}_2} + \dots + \frac{f_n}{\text{TLV}_n} \right)}$$

$$\text{LFL}_m = \frac{1}{\left( \frac{f_1}{\text{LFL}_1} + \frac{f_2}{\text{LFL}_2} + \dots + \frac{f_n}{\text{LFL}_n} \right)}$$

**VENTILATION**

$$Q = AV$$

$$V = 4005\sqrt{VP}$$

$$V = 4005 C_e \sqrt{SP_h}$$

$$TP = SP + VP$$

$$SP_{fan} = SP_{out} - SP_{in} - VP_{in}$$

$$SP_h = VP + h_e$$

$$V = \frac{Q}{10x^2 + A}$$

$$h_e = \frac{(1 - C_e^2)VP}{C_e^2}$$

$$C_e = \sqrt{\frac{VP}{SP_h}}$$

$$Q = \frac{403 \times 10^6 \times SG \times ER \times K}{MW \times C}$$

$$Q' = \frac{G}{C} \quad \ln\left(\frac{G - Q'C_2}{G - Q'C_1}\right) = -\frac{Q'(t_2 - t_1)}{V}$$

$$C = \frac{G}{Q'(1 - e^{-Nt/60})} \quad C = \frac{P_v \times 10^6}{P_b}$$

$$\ln\left(\frac{C_2}{C_1}\right) = -\frac{Q'}{V}(t_2 - t_1)$$

**GAS LAWS**

$$PV = nRT$$

$$\frac{P_1 V_1}{T_1} = \frac{P_2 V_2}{T_2}$$

Value of Gas Constant							
			Absolute Pressure				
Volume	Temp.	Moles	atm	psi	mm Hg	in Hg	ft H <sub>2</sub> O
ft <sup>3</sup>	°K	gm lb	0.00290 1.31	0.0426 19.31	2.20 999.0	0.0867 39.3	0.0982 44.6
	°R	gm lb	0.00161 0.730	0.02366 10.73	1.22 555.0	0.0482 21.8	0.0546 24.8
liters	°K	gm lb	0.08205 37.2	1.206 547.0	62.4 28,300.0	2.45 1,113.0	2.78 1,262.0
	°R	gm lb	0.0456 20.7	0.670 304.0	34.6 15,700.0	1.36 619.0	1.55 701.0



**RADIATION**

(Ionizing)

$$I_2 = I_1 \frac{(d_1)^2}{(d_2)^2}$$

$$S \approx 6CE$$

$$I = I_0 e^{-\mu x}$$

$$I = BI_0 e^{-\mu x}$$

(Non-Ionizing)

$$W = \frac{16P}{\pi D^2} = \frac{4P}{A}$$

$$W = \frac{GP}{4\pi r^2} = \frac{AP}{\lambda^2 r^2}$$

$$E_{\text{eff}} = \sum E^\lambda S^\lambda \Delta^\lambda$$

$$c = \lambda f = \frac{\lambda}{T}$$

**ENGINEERING ECONOMY**

$$F = P(1 + i)^n$$

$$F = A \left( \frac{(1 + i)^n - 1}{i} \right)$$

$$P = A \left( \frac{(1 + i)^n - 1}{i(1 + i)^n} \right)$$

$$P = F(1 + i)^{-n}$$

$$A = F \left( \frac{i}{(1 + i)^n - 1} \right)$$

$$A = P \left( \frac{i(1 + i)^n}{(1 + i)^n - 1} \right)$$

**RELIABILITY**

$$P_f = 1 - R(t)$$

$$R(t) = e^{-\lambda t}$$

$$P_f = (1 - P_s)$$

**NOISE**

$$I = \frac{p^2}{\rho c}$$

$$L_w = 10 \log_{10} \frac{W}{W_0}$$

$$T = 2 \frac{8}{[(I \cdot 90) / 5]}$$

$$dB_1 = dB_0 + 20 \log_{10} \left( \frac{d_0}{d_1} \right)$$

$$TWA = 16.61 \log_{10} \left[ \frac{D}{100} \right] + 90$$

$$dB = 10 \log_{10} \left( \frac{A_2}{A_1} \right)$$

$$NR = \frac{12.6P\alpha^{1.4}}{A} \text{ dB / ft}$$

$$L_{pt} = 10 \log \left[ \sum_{i=1}^N 10^{(L_{pi}/10)} \right]$$

$$L_p = 20 \log_{10} \frac{p}{p_0} \text{ dB}$$

$$D = 100 \left[ \sum_{i=1}^N \frac{C_i}{T_i} \right]$$

**HEAT TRANSFER**

$$H = \frac{Q}{\Delta t} = kA \left( \frac{T_1 - T_2}{L} \right)$$

**HYDROSTATICS AND HYDRAULICS**

$$p = \frac{F}{a}$$

$$h_p = \frac{p}{w}$$

$$Q_2 = Q_1 \left[ \frac{(S - R_2)^{0.54}}{(S - R_1)^{0.54}} \right]$$

$$\frac{v_A^2}{2g} + \frac{p_A}{w} + z_A = \frac{v_B^2}{2g} + \frac{p_B}{w} + z_B + h_{AB}$$

$$P_d = \frac{4.52Q^{1.85}}{C^{1.85}d^{4.87}}$$

$$h_v = \frac{v^2}{2g}$$

$$p_v = \frac{Q^2}{891d^4}$$

$$\frac{Q_1}{Q_2} = \frac{\sqrt{P_1}}{\sqrt{P_2}}$$

$$P = (Q/K)^2$$



## STATISTICS AND PROBABILITY

$$s = \sqrt{\frac{\sum(x^2)}{N-1}} \quad (x = X - \bar{X}) \quad \sigma = \sqrt{\frac{\sum(x^2)}{N}}$$

$$r = \frac{N\sum(XY) - (\sum X)(\sum Y)}{\sqrt{[N\sum(X^2) - (\sum X)^2][N\sum(Y^2) - (\sum Y)^2]}}$$

$$x = X - \bar{X}$$

$$y = Y - \bar{Y}$$

$$r = \frac{\sum xy}{\sqrt{(\sum x^2)(\sum y^2)}}$$

$$r_s = 1 - \frac{6\sum(D^2)}{N(N^2 - 1)}$$

$$t = \frac{\bar{X} - \mu}{s} \sqrt{N-1} = \frac{\bar{X} - \mu}{\hat{s}} \sqrt{n}$$

$$z = \frac{\chi - \mu}{\sigma}$$

$$\chi^2 = \sum_{j=1}^k \frac{(o_j - e_j)^2}{e_j}$$

$$P_k^n = \frac{n!}{(n-k)!}$$

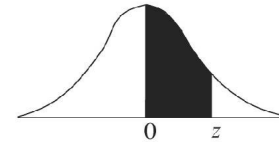
$$C_k^n = \frac{n!}{k!(n-k)!}$$

$$P(r) = \frac{(\lambda t)^r e^{-\lambda t}}{r!} = \frac{(t/m)^r e^{-t/m}}{r!}$$

$$P_m = P\{X = m\} = \frac{a^m e^{-a}}{m!} \text{ where } a > 0, m = 0, 1, 2, \dots$$



**Areas Under the Standard Normal Curve from 0 to z**

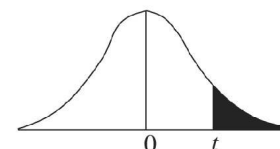


z	0	1	2	3	4	5	6	7	8	9
0.0	0.0000	0.0040	0.0080	0.0120	0.0160	0.0199	0.0239	0.0279	0.0319	0.0359
0.1	0.0398	0.0438	0.0478	0.0517	0.0557	0.0596	0.0636	0.0675	0.0714	0.0754
0.2	0.0793	0.0832	0.0871	0.0910	0.0948	0.0987	0.1026	0.1064	0.1103	0.1141
0.3	0.1179	0.1217	0.1255	0.1293	0.1331	0.1368	0.1406	0.1443	0.1480	0.1517
0.4	0.1554	0.1591	0.1628	0.1664	0.1700	0.1736	0.1772	0.1808	0.1844	0.1879
0.5	0.1915	0.1950	0.1985	0.2019	0.2054	0.2088	0.2123	0.2157	0.2190	0.2224
0.6	0.2258	0.2291	0.2324	0.2357	0.2389	0.2422	0.2454	0.2486	0.2518	0.2549
0.7	0.2580	0.2621	0.2652	0.2673	0.2704	0.2736	0.2764	0.2794	0.2823	0.2852
0.8	0.2881	0.2910	0.2939	0.2967	0.2996	0.3023	0.3051	0.3078	0.3106	0.3133
0.9	0.3159	0.3186	0.3212	0.3238	0.3264	0.3289	0.3315	0.3340	0.3365	0.3389
1.0	0.3413	0.3438	0.3461	0.3485	0.3508	0.3531	0.3554	0.3577	0.3599	0.3621
1.1	0.3643	0.3665	0.3686	0.3708	0.3729	0.3749	0.3770	0.3790	0.3810	0.3830
1.2	0.3849	0.3869	0.3888	0.3907	0.3925	0.3944	0.3962	0.3980	0.3997	0.4015
1.3	0.4032	0.4049	0.4066	0.4082	0.4099	0.4115	0.4131	0.4147	0.4162	0.4177
1.4	0.4192	0.4207	0.4222	0.4236	0.4251	0.4265	0.4279	0.4292	0.4306	0.4319
1.5	0.4332	0.4345	0.4357	0.4370	0.4382	0.4394	0.4406	0.4418	0.4429	0.4441
1.6	0.4452	0.4463	0.4474	0.4484	0.4495	0.4505	0.4515	0.4525	0.4535	0.4545
1.7	0.4554	0.4564	0.4573	0.4582	0.4591	0.4599	0.4608	0.4616	0.4625	0.4633
1.8	0.4641	0.4649	0.4656	0.4664	0.4671	0.4678	0.4686	0.4693	0.4699	0.4706
1.9	0.4713	0.4719	0.4726	0.4732	0.4738	0.4744	0.4750	0.4756	0.4761	0.4767
2.0	0.4772	0.4778	0.4783	0.4788	0.4793	0.4798	0.4803	0.4808	0.4812	0.4817
2.1	0.4821	0.4826	0.4830	0.4834	0.4838	0.4842	0.4846	0.4850	0.4854	0.4857
2.2	0.4861	0.4864	0.4868	0.4871	0.4875	0.4878	0.4881	0.4884	0.4887	0.4890
2.3	0.4893	0.4896	0.4898	0.4901	0.4904	0.4906	0.4909	0.4911	0.4913	0.4916
2.4	0.4918	0.4920	0.4922	0.4925	0.4927	0.4929	0.4931	0.4932	0.4934	0.4936
2.5	0.4937	0.4940	0.4941	0.4943	0.4945	0.4946	0.4948	0.4949	0.4951	0.4952
2.6	0.4953	0.4955	0.4956	0.4957	0.4959	0.4960	0.4961	0.4962	0.4963	0.4964
2.7	0.4965	0.4966	0.4967	0.4968	0.4969	0.4970	0.4971	0.4972	0.4973	0.4974
2.8	0.4974	0.4975	0.4976	0.4977	0.4977	0.4978	0.4979	0.4979	0.4980	0.4981
2.9	0.4981	0.4982	0.4982	0.4983	0.4984	0.4984	0.4985	0.4985	0.4986	0.4986
3.0	0.4987	0.4987	0.4987	0.4988	0.4988	0.4989	0.4989	0.4989	0.4990	0.4990





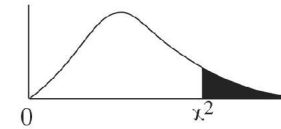
**Table of Percentage Points of the t Distribution**



$df \backslash p$	0.25	0.10	0.05	0.01
1	1.000	3.087	6.314	31.821
2	0.816	1.886	2.920	6.965
3	0.765	1.638	2.353	4.541
4	0.741	1.533	2.132	3.747
5	0.727	1.476	2.015	3.365
6	0.718	1.440	1.943	3.143
7	0.711	1.415	1.895	2.998
8	0.706	1.397	1.860	2.896
9	0.703	1.383	1.833	2.821
10	0.700	1.372	1.812	2.764
15	0.691	1.341	1.753	2.601
20	0.687	1.325	1.725	2.528
25	0.684	1.316	1.708	2.485
30	0.683	1.310	1.697	2.457
$\infty$	0.674	1.282	1.645	2.326



**Upper Percentage Points of the  $\chi^2$  Distribution**



df \ p	0.99	0.95	0.90	0.10	0.05	0.01
1	0.0002	0.0039	0.0158	2.706	3.841	6.635
2	0.0201	0.103	0.211	4.605	5.991	9.210
3	0.115	0.352	0.584	6.251	7.815	11.345
4	0.297	0.711	1.064	7.779	9.488	13.277
5	0.554	1.145	1.610	9.236	11.070	15.086
6	0.872	1.635	2.204	10.645	12.592	16.812
7	1.239	2.167	2.833	12.017	14.067	18.475
8	1.646	2.733	3.490	13.362	15.507	20.090
9	2.088	3.325	4.168	14.684	16.919	21.666
10	2.558	3.940	4.865	15.987	18.307	23.209
11	3.503	4.575	5.578	17.275	19.675	24.725
12	3.571	5.226	6.304	18.549	21.026	26.217
13	4.107	5.892	7.042	19.812	22.362	27.688
14	4.660	6.571	7.790	21.064	23.685	29.141
15	5.229	7.261	8.547	22.307	24.996	30.578
20	8.260	10.851	12.443	28.412	31.410	37.566
25	11.524	14.611	16.473	34.382	37.652	44.314
30	14.953	18.493	20.599	40.256	43.773	50.892